

## Could you help us with our research?

Study title:

### **Community-based support for living well with long-term health conditions**

Having two or more long-term health conditions (for example diabetes and depression, asthma and heart disease) can be difficult to manage. A variety of support is available to help people live as well as possible with their health conditions. Compared to help provided through the NHS or local government, the role and effectiveness of community-based support (help in or near people's homes, mainly through charity organisations or volunteers) is not well understood.

Researchers at the University of Oxford are inviting adults who have two or more long-term health conditions, and who are currently living in the UK, to take part in our study. We want to find out what support people with multiple long-term health conditions have, or would like to have, and what kind of information is needed to show if community-based support is effective.

The research would last around 30 minutes and would involve:



- Completing a survey on a computer, tablet, or smartphone with internet access
- Considering if you would like to be contacted about a follow-up research interview

Your responses would be kept confidential. More information about the study, and the survey link, is on our website: [communitycareforlivingwell.uk](http://communitycareforlivingwell.uk)

If you would like to discuss the study, you can contact Dr Caroline Potter (researcher) on 0800 138 3009 or by email: [caroline.potter@ndph.ox.ac.uk](mailto:caroline.potter@ndph.ox.ac.uk)