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| C:\Users\Staff\AppData\Local\Microsoft\Windows\INetCache\Content.Word\Dementia_strap.jpg  **Help people to live well with dementia.** |  |
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| **Volunteer Role** | **Memory Café Activity Support** |
| We welcome volunteers from all backgrounds and experience. | |
| Providing vital mental stimulation, companionship and helping to reduce social isolation | * For people living with dementia. * To increase the quality of life of people living with dementia in Oxfordshire. |
| What you will do | * Attend monthly memory café at one of our venues in Oxfordshire. Our cafes are a space for people living with dementia and their carers to meet up, socialise and have fun! * Your role could include chatting to our clients and making them feel welcome, encouraging them to join in with activities such as singing, creating memory boxes, quizzes and games! * Support the Dementia Adviser, Dementia Support Workers and other volunteers in providing client support and activities. * Undertake essential training offered * Record details of contacts made on our database |
| Working with | * A Dementia Adviser, Dementia Support Worker and other volunteers * Support & guidance from Dementia Advisers |
| Support & training | * Ongoing support from the Volunteer Coordinator * Training including induction, dementia specific training and adult safeguarding * Ongoing training opportunities available |
| Time commitment | * An average of 1.5 hours a month (to include attending the cafe and recording your attendance on our database) |
| Benefits | * A chance to make a real difference to older people who are isolated * A chance to use your own life experience to help people in your community * Volunteering that fits easily around your existing commitments * A chance to learn more about supporting people with dementia, * The opportunity to gain valuable experience and increase confidence. |
| Skills and personal qualities | * Friendly, easy manner. * Enjoy building relationships * Empathy and good listening skills * Happy to make simple records of your own attendance * Able to evaluate and report concerns to Volunteer Coordinator * The ability to work alone and as a part of the wider team |
| Declaration of Previous Criminal Convictions required? | Yes |
| How to apply / what happens next | If you like more information about any of the roles please call 01865 410210 or simply send your completed application form to [volunteer@dementiaoxfordshire.org.uk](mailto:volunteer@dementiaoxfordshire.org.uk) and we will be in touch. |