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| C:\Users\Staff\AppData\Local\Microsoft\Windows\INetCache\Content.Word\Dementia_strap.jpg**Help people to live well with dementia.** |  |
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| **Volunteer Role** | **Memory Café Activity Support** |
| We welcome volunteers from all backgrounds and experience. |
| Providing vital mental stimulation, companionship and helping to reduce social isolation  | * For people living with dementia.
* To increase the quality of life of people living with dementia in Oxfordshire.
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| What you will do | * Attend monthly memory café at one of our venues in Oxfordshire. Our cafes are a space for people living with dementia and their carers to meet up, socialise and have fun!
* Your role could include chatting to our clients and making them feel welcome, encouraging them to join in with activities such as singing, creating memory boxes, quizzes and games!
* Support the Dementia Adviser, Dementia Support Workers and other volunteers in providing client support and activities.
* Undertake essential training offered
* Record details of contacts made on our database
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| Working with | * A Dementia Adviser, Dementia Support Worker and other volunteers
* Support & guidance from Dementia Advisers
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| Support & training  | * Ongoing support from the Volunteer Coordinator
* Training including induction, dementia specific training and adult safeguarding
* Ongoing training opportunities available
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| Time commitment | * An average of 1.5 hours a month (to include attending the cafe and recording your attendance on our database)
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| Benefits | * A chance to make a real difference to older people who are isolated
* A chance to use your own life experience to help people in your community
* Volunteering that fits easily around your existing commitments
* A chance to learn more about supporting people with dementia,
* The opportunity to gain valuable experience and increase confidence.
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| Skills and personal qualities | * Friendly, easy manner.
* Enjoy building relationships
* Empathy and good listening skills
* Happy to make simple records of your own attendance
* Able to evaluate and report concerns to Volunteer Coordinator
* The ability to work alone and as a part of the wider team
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| Declaration of Previous Criminal Convictions required? | Yes |
| How to apply / what happens next | If you like more information about any of the roles please call 01865 410210 or simply send your completed application form to volunteer@dementiaoxfordshire.org.uk and we will be in touch. |