

Volunteer Phone Befriender Role Description

An opportunity to volunteer from home, with the option of occasional visits to the person you call if you wish, (once you have completed relevant additional training).

You'll provide vital phone companionship and helping to reduce social isolation for people living with dementia and their carers to provide a weekly phone call and help increase the quality of life of people living with dementia in Oxfordshire.

We welcome volunteers from all backgrounds and experience.

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| What you will do | <ul style="list-style-type: none"> • Make regular weekly calls, to two clients, at time agreed with each client • Continue calls for at least 4 months with some flexibility • Undertake essential training offered • Record details of calls made. |
| Working with | As part of a team of Dementia Oxfordshire volunteers Support and guidance from Dementia Advisers and small client base. |
| Support and training | <ul style="list-style-type: none"> • Ongoing support from the Volunteer Coordinator • Training including induction, dementia specific training and adult safeguarding • Ongoing training opportunities available |
| Time commitment | An average of 1.5 hours a week (to include calls to two clients and recording call details) |
| Benefits | <ul style="list-style-type: none"> • A chance to make a real difference to an older person who is isolated • A chance to use your own life experience to help someone in your community • Volunteering that fits easily around your existing commitments • A chance to learn more about supporting someone with dementia, • The opportunity to gain valuable experience and increase confidence. |
| Skills and personal qualities | <ul style="list-style-type: none"> • Friendly, easy manner. • Enjoy building relationships |

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| | <ul style="list-style-type: none">• Empathy and good listening skills• Happy to make simple records of call• Able to evaluate and report concerns to Volunteer Coordinator• The ability to work alone and as a part of the wider team. |
| Enhanced DBS check needed? | Yes |
| How to apply | If you would like more information about the role please call Gaynor Langton on 07557 038275 or simply send your completed application form to volunteer@dementiaoxfordshire.org.uk and we will be in touch. |