



Independent Living Advice Clinic

Are you struggling with any of your daily living activities?

Do you care for someone else who is struggling with their daily living activities?

Are you happy to buy any equipment or pay for an adaptation that might make this easier but would like some professional advice to make sure that you are doing the right thing?

Then the Independent Living Clinic might be able to help you!

We provide free, 20-minute advice sessions every other Wednesday between 4-6pm with the aim of supporting individuals to make informed choices about any disability equipment or adaptations that they are considering funding themselves.

Please use the following link to book your consultation:

<https://outlook.office365.com/owa/calendar/IndependentLivingAdviceDemonstrationClinic@OxfordshireCountyCouncil.onmicrosoft.com/bookings/>

If you don't have access to a computer and can't ask a family member or friend to help, then please ask a member of surgery staff to assist. Bookings take about one minute.

At present all consultations are phone based. We hope to be able to offer consultations at Oxford Brookes University at their Marston campus when it is safe to do so, so that people can try some equipment before they buy.